



Junior Sail Camp Stockton, California July 11, 2010 to July 17, 2010

Registration	Leslie Fennell	510 368 8118	Registrar@SailCamp.org
Stockton Sailing Club	Bruce & Suzanne Collins	209 369 9117	1zazu@inreach.com
Camp Director - RYC	Tom Dougherty	415 505 0203	afdougherty@comcast.net
Santa Cruz Yacht Club	Paul Tara	831 336 3622	zooop@cruzio.com
Stockton Facility Mgr	Harbor Information	209 951 5600	manager@stocktonsc.org
On-Line Registration Help	Ornaith Keane	415 479 3880	Ornaith.Keane@lmapinc.com

Sail Camp Web Site <http://www.sailcamp.org>

Stockton Sailing Club **4980 Buckley Cove Way** **Stockton** **CA 95219**

Age Requirements

The Sail Camp Program is intended for boys and girls ages 8½ – 14 years of age. Campers must have been born by December 31st in the year prior to Camp.

Junior sailors 15 years old and up are encouraged to apply for JIT or JI positions depending on sailing experience. JITs must be fifteen years old or have completed 9th grade prior to the start of camp. Candidates may contact the Lead Instructor or Sail Camp Director for information and application instructions.

Sailing Instruction

The major feature of the clinic is the quality of instruction in a wide range of areas to enhance the boat handling techniques and racing skills of junior sailors. Juniors are divided into 4 basic groups: Novice, Beginner, Intermediate, and Advanced. Classes usually consist of a "Chalk Talk" on land and then racing or drills on the water, supervised by instructors in powerboats. Most days this happens twice, once before lunch and once after lunch, depending on the wind and other factors.

Sail Camp is intended for Junior Sailors that wish to learn from on the water instruction and practice. Unfortunately, we do not have the facilities or staff to care for campers that choose not to participate in sailing. Parents will be asked to pick up their child if they miss more than one day of sailing.

Junior Camping

The Stockton Sailing Club grounds continue to serve as the traditional venue for the clinic. Juniors will camp within the secure area of the Club, in tents on the lawn. Campers provide their own tents and bedding, and are required to stay in the designated Junior tent area at night. Juniors will not be allowed to stay on a boat in the harbor or in an R.V. SSC bathroom and shower facilities are very nice.

Junior Camping Adult Camping / Overnight Considerations

Parents/Guardians are welcome to stay in their own tents, trailers, RV's or boats in the harbor. Parent camping areas are separate from the Junior Camping Area.

Parents are not allowed to sleep in the camping area designated for Junior Campers.

If your tent is not going to be used every night then please inform the Registrar at Check-In and indicate if it could be used by others staying for one or two nights when you are not there as space is limited. Parents wishing to camp the night prior to or after their volunteer shift should set up their tent for that period only.

If you plan to stay in an RV, Boat or Trailer please contact the SSC Facility Manager (see contact information above) to make arrangements (RV's need to fit – 100% - in the parking spaces at SSC).

Land Activities

Age appropriate and **FUN** off-the-water activities will be provided to occupy and entertain the Juniors in the evening hours before lights out. These usually include games, crafts, and more.

Who can apply?

Applications are accepted first from SSC/RYC/SCYC members/junior members with remaining slots filled on a first-come, first-served basis. Applications must be COMPLETE to be considered. Space is limited to eighty campers. Each Junior must have his/her own El Toro /Opti Sailboat to use for the week of the clinic. Optis are restricted to novice/beginner classes. A limited number of Optis and El Toros are available for charter. Email the registrar for more information.

Fees & Volunteer Obligation

Junior Sail Camp Fee	\$275/sailor plus 3 shifts of adult volunteering
2nd, 3rd or 4th child from one family	\$250/sailor plus 3 shifts of adult volunteering
Late fee for applications received after June 5	\$ 75/sailor
If you absolutely cannot volunteer	\$150/sailor

Sail Camp is supported by Volunteers. We rely on volunteers to keep the costs reasonable. A minimum commitment of at least **ONE FULL DAY OF ADULT VOLUNTEER TIME PER JUNIOR** enrolled in the program is required. If parents/guardians can help for more than one day it is always appreciated.

Adults who are around all week who can be flexible with their volunteer shifts are asked to let the registrar know. The hardest days to get volunteers are Tuesday, Wednesday and Thursday. Adult volunteers will be supplied meals free of charge on the days that they are working at camp.

What you get

Juniors will receive: Sailing/Racing instruction on and off the water, fun evening activities, 3 meals per day, a camp memento, and awards for racing excellence and sportsmanship.

Adult Note

By joint consensus of the sponsoring Clubs' Boards, this Junior event has been designated as a "DRY" event. All adults are expected to abstain from the consumption of alcoholic beverages while in attendance at this event, whether visiting or acting in a volunteer capacity, at all times while at SSC facilities

Juniors' Dress Code

While at camp we recommend a very basic dress code: casual, comfortable, washable. Dress for the temperature, it can get hot. **No bare feet in camp** or on the docks. You must wear, shoes, sandals, flip-flops, whatever, at all times. Bare feet okay in boats. You must have sun screen, it is absolutely required every day! Please read the Camper checklist for required personal equipment. Common decency and health codes require that both genders wear a shirt at meals.

Girls - No Bikini Tops/swimsuits, Boys - No bare chests, when food is present.

Sign-in and Family BBQ

Sign-in will start at 4:00 PM Sunday afternoon, followed at 5 PM by a family BBQ. Juniors enrolled in camp are free; all others will pay approximately \$10.00 each. A family orientation and introduction of camp staff will be held after the BBQ at 6:00 PM (All times are approximate). Families are urged to attend with their junior, and if needed, help them set up their tent and get settled.

Check-out, Awards and Family Buffet

The Camp ends following the awards buffet on Saturday afternoon. Parents are asked to show up by 11 a.m. to disassemble the tents, load the boats, and help ensure that the facility is left in immaculate condition. The Clinic cannot and will not assume responsibility for Junior Sailors after Noon on Saturday.

The Awards buffet starts at Noon. Enrolled Juniors are free; all others will pay approximately \$10.00.

Application Directions

1. Register early to guarantee a place. Log on to <http://www.sailcamp.org> and download the Sail Camp Overview Document. Read all information, call or email the contacts above if you have questions.
2. Retain a copy of all information for your records
3. Click on the 2010 Sail Camp Application address-link to complete your on-line registration
4. Before submitting your form to the web-master, please print the form and sign it. A completed application form with an original signature must be on file for each sailor for medical emergency purposes.
5. Print the Adult Volunteer Commitment Form. Call or email the registrar to confirm your volunteer shifts: Leslie Fennell (510) 368-8118 or email Registrar@sailcamp.org.
6. Send your signed application form, check and Adult Volunteer Commitment Form to:

Leslie Fennell
Sail Camp Registrar
161 Scenic Avenue
Piedmont, CA 94611

7. Make Sail Camp checks payable to "Stockton Sailing Club". Check should cover the full fee.
8. Completed forms and fees must be received by June 5th to avoid a "late fee" of \$75.
9. The volunteer schedule will be posted on the web and updated periodically.
10. If your child is in the intermediate or advanced el Toro class they are expected to participate in the ETIYRA Jr. North Americans race being held on Friday, July 16th. Race registration forms are available on the web site. Please complete the ETIYRA application form and give it to the ETIYRA representative during check-in at Stockton. If the sailor isn't a current member of ETIYRA, a \$15 fee will be requested.
11. If you are renting an RYC Opti include a check for \$125 made out to **Richmond YC**. Opti rentals are on first come basis, please call or email prior to submitting application. If demand exceeds supply, your check will be returned.

12. If you have registered on-line and mailed your signed form and check to the Registrar, you will receive an on-line confirmation from the Registrar. If for some reason you have not received your confirmation within five days of submitting your application, please contact Registrar@sailcamp.org.

Sail Camp Equipment Check List:

Each of the items below marked with a "★" are considered *mandatory*:

Mark everything with your name: Boat parts, clothes, camping gear, EVERYTHING!

Sailing Equipment

- ★ El Toro /Opti sailboat in seaworthy condition, preferably "self rescuing"
- ★ Bailer (cut down plastic jug like a bleach bottle works fine) (include if renting an RYC Opti)
- ★ Paddle (no smaller than a ping pong paddle) (include if renting an RYC Opti)
- ★ Boom vang (include if renting an RYC Opti)
- ★ 10-15 foot long painter suitable for towing. (included if renting an RYC Opti)
- ★ Tiller extension (include if renting an RYC Opti)
- ★ Hiking strap (include if renting an RYC Opti)
- ★ Jibe preventer also called a JC strap (for intermediates and advanced)
- ★ Masthead wind indicator
- ★ Mast blocks (preferably with varying thickness to adjust your rake)
- ★ Sailing clothes- wetsuits and sprays suits are usually not necessary but you may want to pack them, just in case. Definitely bring clothes and shoes that can get wet.
- Waterproof watch with a countdown timer (for intermediates and advanced racers)

Mandatory Safety Items

- ★ **Water bottle** (EXTREMELY important in the heat to protect yourself from dehydration)
- ★ **Sun Screen** Lotion (ABSOLUTELY NECESSARY, sailors will be **REQUIRED** to apply lotion every morning and again after lunch! Consider this a safety item for your near term comfort [sunburn prevention] and long term health.
- ★ **Hat and sunglasses**, with retainer straps. (ABSOLUTELY NECESSARY, these are the sunscreen for you eyeballs!)
- ★ **Life jacket**, USCG approved, that fits properly.

Camping and Personal Items

- ★ Tent and sleeping bag (sleeping mat/pad & pillow optional)
- ★ Camp chair for next to tent suggested
- ★ Sufficient clothing for a week (Expect hot, and very hot temperatures but include long pants and a sweatshirt for occasional chilly weather.)
- ★ Shoes for land and water - (Sneakers, sandals, water shoes)
- ★ Swimming suit
- ★ Shower and beach towels
- ★ Personal items (tooth brush, hair brush/comb, shampoo, soap, wash cloth, etc.)
- ★ Notepad and pencils
- Flashlight
- Insect repellent

Do NOT bring

- ★ No lighters, matches or flames of any kind. Sailors who need to burn the ends of lines can ask instructors for help.
- ★ No skateboards, skates, scooters, bikes, or boom boxes. Leave these items at home.

SSC/RYC/SCYC Jr. Sailing Camp Rules

A single violation of the following rules, numbers 1, 2, or 3 is grounds for IMMEDIATE DISMISSAL & EXPULSION from the camp!

1. No possession or use of any substance containing alcohol, tobacco, or any controlled substance, except medicine prescribed by a physician specifically for the Junior's use. (Said use and need shall be specified in the medical information section of the application.)
2. No stealing. (Borrowing without the express knowledge and consent of the owner may be considered stealing)
3. No leaving the campgrounds without staff permission.

Repeated breaking of the following rules will result in disqualification from competition and may result in dismissal and expulsion from the camp.

4. Life jackets must be worn at all times while in boats or on docks.
5. Shoes must be worn at all times around the camp and **on the docks**.
6. Curfew/Lights-out must be observed (times and conditions will be announced).
7. Use of abusive language or disrespectful behavior will not be tolerated.
8. Juniors are expected to carry out instructions as required for the orderly conduct of the clinic as assigned by instructors, camp staff, or its organizers, in a timely and productive manner.
9. Behavior deemed disruptive or unsafe will not be tolerated.
10. Juniors must abide by the posted rules of the host club.
11. No swimming except as part of scheduled drills, training or activities authorized by the camp staff.
12. All docks other than "A" dock are off limits to Juniors without staff permission.
13. All Juniors will sleep in the designated camp area. No juniors will be allowed to sleep on boats in the harbor.
14. No matches, lighters, or flames of any kind. Juniors needing to burn lines can ask instructors for help.
15. Common decency and health codes require that both genders wear a shirt at meals. Girls - No Bikini Tops, Boys - No Bare Chests, when food is present.

For Adults:

This Junior event has been designated as a "DRY" event by joint consensus of the sponsoring club's Boards of Directors. All adults are expected to refrain from the consumption of alcoholic beverages and be "dry" while in attendance at this event, whether visiting or acting in a staff or volunteer capacity.

16. No adults on the water during camp hours except camp instructors and safety boat operators

Record Volunteer Hours here:

After you have called or emailed to confirm your volunteer hours, use this space to record the times for your reference:

My confirmed volunteer time(s) are:

Adult Volunteer Commitment Form

I, _____, understand that in order to enroll my Junior(s) in the Stockton Sail Camp I must commit to at least one day (3 meal shifts = 1 day) of volunteer time at the Camp for **each Junior I enroll**. Volunteer time can be performed by, myself or other adult family members.

Write a "1" in 3 slots to indicate your first choice, Put "2" in three slots to indicate your second choice, etc. (If you are able to commit to multiple days mark them with an "X"):

	Sun-7/11	Mon-7/12	Tues-7/13	Wed-7/14	Thurs-7/15	Fri-7/16	Sat-7/17
Breakfast							
Lunch							
Dinner							

_____ All Week flexible (Dates will be assigned for you and you'll be informed of your slots in the confirmation letter.)

_____ I will be around the entire week ► # of people staying at camp all/part of week who are not enrolled Juniors _____.
(For our weeklong staffers & parents staying at camp, it is very important that we get an accurate count for meals)

_____ I am sorry, but I am unable to contribute as a volunteer; I would rather pay \$150 extra to help the Clinic arrange for the help needed to make the program a success. (Extra fee to be included with application.)

We have three meal shifts in a day and there is the possibility of splitting days (i.e. dinner one day, breakfast and lunch another day, etc.) Any three shifts worked will be considered a "volunteer day" even if they are all breakfasts. Mid week slots are the hardest to fill, if you are available then, please sign-up for Tuesday, Wednesday or Thursday!

You must be available to work the entire shift for it to count for your volunteer obligation.

Shift times are:

Breakfast- 6:30 - 9:00 AM

Lunch- 9:30 AM-1:30 PM

Dinner 2:00 - 7:00 PM

Volunteers eat free on the shift they work.

You must phone or email the Registrar to set up your volunteer time commitment:

Leslie Fennell, (510) 368-8118 or email Registrar@sailcamp.org

Saturday & Sunday Slots fill up fast and they are available on a first-come basis.

You can view available slots at this website: <http://www.sailcamp.org>

Site will be updated often, but open slots are not guaranteed, until we talk or email.

Other ways to fulfill the Volunteer Commitment: **Committee Heads and/or helpers needed** - (approval required):
(Please note we are not offering camp photographer as a volunteer assignment this year.)

- Sailing Instructors
- Food Check in on Saturday July 10 (Perfect for SSC members)
- Kitchen break-down / equipment storage on Saturday July 17
- Do you have an RV or Trailer that you could lend to the camp nurse for sail camp? Counts as 1 volunteer day
- Dock Dad/Mom On-site Medic/Nurse PC Computer help (daily scoring, Excel)
- Kitchen Crafts Boat Repair
- Whaler Prep at RYC prior to camp (preferably an RYC member)
- Tow Whalers-Round trip from RYC to Stockton
- Tow Opti trailer Round Trip from RYC to Stockton

Other help? Explain: _____

Junior North Americans Entry Form

Friday, July 16, 2010

SAILOR'S NAME: _____

ADDRESS: _____

CITY, ZIP: _____

PHONE: (____) ____ - ____ EMAIL: _____

FLEET: Gold ____ Silver ____ YACHT CLUB: _____

BIRTHDATE: _____ AGE: ____ SEX: M ____ F ____

EL TORO SAIL #: _____ BOAT NAME: _____

\$20.00 Regatta entry fee.
(If you are not attending Stockton Sail Camp)

\$15.00 ETIYRA Junior membership due.
(Payable if sailor is not a current ETIYRA member)
(Please make check payable to ETIYRA)

MEDICAL AND EMERGENCY INFORMATION

Medical conditions to be aware of: _____

Current medications, if any: _____

Last Tetanus shot: __/__/__ Doctor's name: _____ PHONE: (____) ____

Insurance Carrier: _____ ID#: _____

Emergency Contacts (*name, phone #, relationship*):

1. _____

2. _____

I, _____ (*parent/guardian, print name*), authorize the event organizers to sanction emergency treatment for my child, _____ (*print child's name*), if I, or one of the emergence contacts above, cannot be reached in an emergency. Signed: _____ Date __/__/__
(*parent or guardian's signature*)

ASSUMPTIONS OF ALL RISKS, WAIVERS, AND RELEASE

I acknowledge that yacht racing carries various risks of property damage, injury, and even death. On behalf of myself and anyone else who might or could make a claim if I am injured or killed or my property is damaged, I DO HEREBY VOLUNTARILY ASSUME ANY AND ALL RISKS OF SUCH ACTIVITIES. BY THIS DOCUMENT, I EXPRESSLY INTEND TO AND DO HEREBY WAIVE IN ADVANCE, AND DO HEREBY RELIEVE AND RELEASE ALL THOSE PERSONS AND ENTITIES INVOLVED IN ANY WAY IN PUTTING ON THE EVENT (including, but not limited to, the race sponsors, the race committee, the Santa Cruz Yacht Club, its officers, directors, members, volunteers, employees, servants, agents, contractors, subcontractors, heirs, next of kin, successors or assigns) FROM ANY AND ALL LIABILITY FOR PERSONAL INJURY, INJURY TO PROPERTY, AND/OR WRONGFUL DEATH, ARISING OUT OF OR IN ANY WAY CONNECTED TO MY PARTICIPATION IN THE EVENT AND/OR ANY RELATED ACTIVITIES, EVEN IF SUCH INJURY, DAMAGE, AND/OR DEATH IS CAUSED IN WHOLE OR PART BY THEIR NEGLIGENCE OR OTHER FAULT, BY THE DANGERS OR DEFECTIVE CONDITION OF ANY EQUIPMENT OWNED OR MAINTAINED OR CONTROLLED BY THEM, AND/OR BECAUSE OF THEIR LIABILITY WITHOUT FAULT.

Event: Junior North Americans

Date: July 16, 2010

(Junior sailor print name) (Junior sailor signature) / /
Date

(Parent/guardian print name) (Parent/guardian signature) / /
Date

(Signatures of junior sailor and parent guardian are required)